

NEED A LITTLE BREATHING ROOM THIS HOLIDAY SEASON?

Chantelle DeShazer of Meridian Acupuncture
cordially invites you to

ACHIEVING OPTIMAL HEALTH

Tuesday, November 10th

6:30 p.m. to 8:00 p.m. (check-in at 6:15 p.m.)

2356 Moore Street, Suite 105,
San Diego, CA 92110

*Seating is limited. Please RSVP by November 6th at 619-325-0771
or chantelle@meridianacupuncture.net*

Simple, Safe, Effective Weight Management Program
Recommended by over 15,000 physicians

Learn the Habits of Health to keep the weight off FOREVER!



Karen lost 80 pounds in 7 months